

## Skills Ladder

YEAR ONE / YEAR TWO	
ECONOMIC WELLBEING	EMOTIONAL WELLBEING
<p><b>PW1</b> Identify the different types of work people do and learn about different places of work</p> <p><b>PW2</b> Recognise where money comes from and the choices people make to spend money on things they want and need</p> <p><b>PW3</b> Understand that we cannot always afford the items we want to buy</p> <p><b>PW4</b> Contribute to enterprise activities</p>	<p><b>PW5</b> Recognise what they like and dislike</p> <p><b>PW6</b> Recognise what they are good at</p> <p><b>PW7</b> Recognise, name and manage their feelings in a positive way</p> <p><b>PW8</b> Understand the difference between impulsive and considered behaviour</p> <p><b>PW9</b> Share their opinions on things that matter to them</p> <p><b>PW10</b> Make positive real-life choices (television, games, money)</p>
PHYSICAL WELLBEING	RELATIONSHIPS
<p><b>PW11</b> Recognise why healthy eating and physical activity are beneficial</p> <p><b>PW12</b> Recognise that some substances can help or harm the body</p> <p><b>PW13</b> Recognise the simple physical changes to their bodies experienced since birth</p> <p><b>PW14</b> Reflect on the similarities and differences between people</p> <p><b>PW15</b> Demonstrate basic road safety skills</p> <p><b>PW16</b> Make simple choices that improve their health and well being e.g. healthy eating</p> <p><b>PW17</b> Manage basic personal hygiene</p>	<p><b>PW18</b> Recognise that there are people who care for and look after them</p> <p><b>PW19</b> Identify different relationships that they have and why these are important</p> <p><b>PW20</b> Recognise how their behaviour affects other people</p> <p><b>PW21</b> Consider different types of teasing and bullying, understand that bullying is wrong and know how to get help to deal with bullying</p> <p><b>PW22</b> Seek help from an appropriate adult when necessary</p> <p><b>PW23</b> Develop positive relationships through work and play</p>

## Skills Ladder

YEAR THREE / YEAR FOUR	
ECONOMIC WELLBEING	EMOTIONAL WELLBEING
<p><b>PW24</b> Recognise why people work</p> <p><b>PW25</b> Identify the range of jobs carried out by the people they know</p> <p><b>PW26</b> Recognise what influences the choices people make about how money is spent</p> <p><b>PW27</b> Reflect on the range of skills needed in different jobs</p> <p><b>PW28</b> Suggest how they can contribute to a range of activities that help them to become more enterprising</p>	<p><b>PW29</b> Face new challenges positively and know when to seek help</p> <p><b>PW30</b> Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements</p> <p><b>PW31</b> Reflect on own mistakes and make amends</p> <p><b>PW32</b> Talk about their views on issues that affect themselves and their class</p> <p><b>PW33</b> Begin to make responsible choices and consider consequences</p> <p><b>PW34</b> Develop strategies for managing and controlling strong feelings and emotions</p>
PHYSICAL WELLBEING	RELATIONSHIPS
<p><b>PW35</b> Show awareness of changes that take place as they grow</p> <p><b>PW36</b> Recognise that there are medicines and some other substances that can be used in a safe way to improve health</p> <p><b>PW37</b> Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p> <p><b>PW38</b> Extend strategies to cope with risky situations</p> <p><b>PW39</b> Behave safely and responsibly in different situations</p> <p><b>PW40</b> Follow school rules about health and safety and know where to get help</p> <p><b>PW41</b> Begin to make informed lifestyle choices</p>	<p><b>PW42</b> Identify strategies to respond to negative behaviour constructively and ask for help</p> <p><b>PW43</b> Understand the nature and consequences of negative behaviours such as bullying, aggressiveness</p> <p><b>PW44</b> Empathise with another viewpoint</p> <p><b>PW45</b> Form and maintain appropriate relationships with a range of different people</p>

## Skills Ladder

YEAR FIVE / YEAR SIX	
ECONOMIC WELLBEING	EMOTIONAL WELLBEING
<p><b>PW46</b> Identify the skills they need to develop to make their own contribution in the working world in the future</p> <p><b>PW47</b> Recognise how people manage money and learn about basic financial capability</p> <p><b>PW48</b> Make connections between their learning, the world of work and their future economic wellbeing</p> <p><b>PW49</b> Look after their money and realise that future wants and needs may be met through saving</p> <p><b>PW50</b> Show initiative and take responsibility for activities that develop enterprise capability</p>	<p><b>PW51</b> Recognise that people can feel alone and misunderstood and learn how to give appropriate support</p> <p><b>PW52</b> Talk, write and explain their views on issues that affect the wider environment</p> <p><b>PW53</b> Reflect on how to deal with feelings about themselves, their family and others in a positive way</p> <p><b>PW54</b> Begin to set personal goals</p> <p><b>PW55</b> Take action based on responsible choices</p> <p><b>PW56</b> Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures</p>
PHYSICAL WELLBEING	RELATIONSHIPS
<p><b>PW57</b> Identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends</p> <p><b>PW58</b> Recognise that when the body changes during puberty it can affect feelings and behaviour</p> <p><b>PW59</b> Recognise when physical contact is acceptable and unacceptable</p> <p><b>PW60</b> Understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene</p> <p><b>PW61</b> Take responsibility for their physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p> <p><b>PW62</b> Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs</p>	<p><b>PW63</b> Recognise that positive friendships and relationships can promote health and wellbeing</p> <p><b>PW64</b> Identify how to find information and advice through help lines</p> <p><b>PW65</b> Recognise how new relationships may develop</p> <p><b>PW66</b> Reflect on the many different types of relationships that exist</p> <p><b>PW67</b> Judge what kind of physical contact is acceptable or unacceptable in relationships</p> <p><b>PW68</b> Manage changing emotions and recognise how they can impact on relationships</p> <p><b>PW69</b> Talk with a wide range of adults</p>