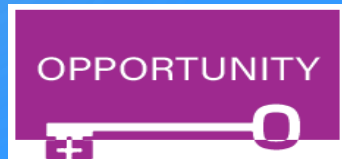




Welcome to our **Feelgood Friday** assembly.

Enjoy the music while we wait for the classes to join.

Please mute your microphone while you wait.

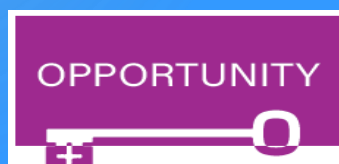




Feel Good Friday Newsletter

3rd
December
2021

UNLOCKING  POTENTIAL





From the Headteacher's Office...



Message from Mrs McGonigle and Mr Fry

Dear Parents and Carers,

As we embark on the start of December and the festive season, I feel it is a good time to consider all we celebrate at this time of year. For me the most important aspects of the festive season are family, kindness and giving so want to take time to say a huge thank you to you all, not only for your ongoing support of us as a school, but of the events we have held in order to support others. For a relaxing bedtime routine tune in to Meerkat Manor at 6.30pm on Channel 5.

This time of year is also extremely busy, and although we will not be able to undertake events in the fullest manner of pre-Covid years, we will be enjoying and sharing activities as widely as we can following safety measures. The weather has most definitely brought the winter winds and rain, so please can we ask you to remind your children to bring coats and accessories (named) to help keep them warm. Ventilation in the classroom is a priority, so please send your child in wearing layers, such as vests, as doors will be open to maintain the air flow and reduce risk of transmission.

Men often bring a different perspective or way of interacting and playing, that can be beneficial for child wellbeing and raising all-rounded children. Having men involved in children's lives can have a positive impact on self-esteem, self-worth, social relationships, education, and children's ability to adapt to changes like going to school or moving into adult life. The Movember Foundation are supporting Family Man, a free online parental coaching programme from a male perspective. It's in short accessible episodes and aims to help provide tools and resources that help to build a stronger and more connected family. They recognise that raising children is a team-effort, so all parents, carers, partners, and grandparents are welcome to access the programme. Find out more at: [Family Man – Movember](#)

The link below is full of great ideas to help families have fun and keep the children busy and entertained during the Winter months. <https://magazines.raring2go.co.uk/peterborough/winter/> They are running a Book Bundle Competition with some great quality, educational and fun books for children to read. Click on the advert on page 25

Have a wonderful weekend. Best wishes, Mrs McGonigle and Mr Fry

Inclusion for all



INCLUSION FOOTBALL SESSIONS

GET ACTIVE. MAKE FRIENDS. CHANGE PERCEPTIONS.



	Supervets	Amputee, CP & VI	Learning Disability (& Pan)	Mental Health	Walking Football	Down Syndrome	Ambulant CP
DAY?	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Saturday	Saturday
TIME?	6 - 7 pm	8 - 9 pm	10 - 11 am	11:15 - 12:15 pm	10 - 11 am	10.30 - 11.30am	11:45 - 12:45 pm
AGE?	50+	16+	16+	16+	50+	9+	11 - 16 years
WHERE?	Abbey Leisure Centre	Coleridge Community College	Abbey Leisure Centre	Abbey Leisure Centre	Abbey Leisure Centre	Coleridge Community College	Coleridge Community College



	Pan-disability	Pan-disability	ASD Intermediate	ASD Advanced	Frame	Visually Impaired
DAY?	Saturday	Saturday	Sunday	Sunday	Sunday	Sunday
TIME?	1 - 2pm	2:30 - 3:30pm	9:45 - 10:45am	11 - 12pm	12:30 - 1:30	2 - 3pm
AGE?	Under 8	16+	9 - 15 years	16+	Under 16	16+
WHERE?	Coleridge Community College	Coleridge Community College	Coleridge Community College	Coleridge Community College	Coleridge Community College	Coleridge Community College



Interested?

Please Contact Phil Mullen
Disability Sport Officer

📞 07948407950

✉ phil.mullen@cambridge-united.co.uk



DO THE RIGHT THING

SAY YES TO THE VACCINE AND GET A TEST IF YOU HAVE SYMPTOMS OF COVID-19

With Covid still in our communities, we all need to do the right thing to keep rates as low as possible.



❗ **Say yes to the vaccine.**
That's both doses.

Everyone over the age of 18 can now get the jab.

Book online at www.nhs.uk/conditions/coronavirus-covid-19 or by phoning 119. For walk-in centres and pop up clinics visit www.thevaccinators.co.uk

Remember there must be an eight week gap between your first and second jab.

❗ **Get a test if you have symptoms.**

If you have symptoms of Covid-19 – a high temperature, a new or persistent cough or a loss in sense of taste or smell – book a test at www.gov.uk/get-coronavirus-test and self-isolate.

❗ **Self-isolate if you are asked to by NHS Test and Trace.**

Lots of support is available for people who need to self-isolate including payments of £500 and help with accessing food and medicine.

For information visit www.peterborough.gov.uk/selfisolationsupport

REMEMBER

- ✓ MEET PEOPLE OUTDOORS OR IN WELL-VENTILATED PLACES IF YOU CAN
- ✓ KEEP A POLITE DISTANCE FROM OTHERS
- ✓ WEAR A MASK IN CROWDED PLACES – OR WHERE YOU CAN'T KEEP A DISTANCE
- ✓ WASH YOUR HANDS WELL AND OFTEN



i For further updates and information check our website which will be regularly updated www.peterborough.gov.uk/coronavirus

IMPORTANT INFORMATION

Covid has not gone away. If your child has any of these symptoms please do not send them to school and book a PCR test:

A high temperature

A persistent cough

A loss of taste or smell.

PCR Tests can be booked at www.gov.uk/get-coronavirus-test or by calling 119.

Please visit a testing centre if you can, rather than getting a postal test, as these can take 2 weeks to return the result.

Lateral Flow Tests, the type you can collect from chemists, should not be used on children under 11.



IMPORTANT INFORMATION

PUPIL DETAILS

It is essential that we have up to date records for every child in school, particularly home address, email and mobile phone numbers. If you have moved or changed phone numbers, please call 01733 262696 or email office@mps.pkat.co.uk

COMMUNITY



Medication

If your child requires prescribed medication during the school day, you must complete a Medication form.

Injuries (outside of school)

If your child has an injury, such as a broken bone, please do let us know as soon as possible. We will need to put a care plan in place before they return to school.

Illness/Other Absences

If your child is ill, please call the school office on 01733 262696 and select option 1 to leave a message. The absence line is available 24/7.

Don't
Forget!



FREE SCHOOL MEALS

Applying for free school meals is quick and simple to do using the online application form at [Click Here](#)



Healthy snacks & water bottles

Children can bring in a healthy snack to have at break time. This **MUST NOT** be chocolate or nuts – we are a nut free school.

Children **must** bring in a named water bottle.

**FREE TO ALL
KS1 & KS2 CHILDREN
BOOKING IS REQUIRED**



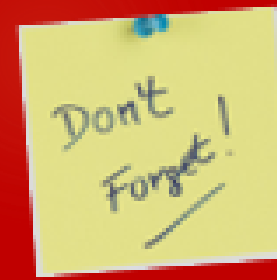
CHRISTMAS LUNCH



**FREE TO ALL STAFF
BOOKING IS REQUIRED**

BOOKING DETAILS WILL BE SENT OUT BY EMAIL

*Sending Christmas wishes
to you all*



Christmas Cards

This year, children will be able to send Christmas Cards to friends in their own class **only** and not to other classes. A list of first names can be provided by the Class Teacher.





MENTAL HEALTH SUPPORT SERVICES

For
Young People

YOUTH
INSPIRED

PETERBOROUGH
CITY COUNCIL

pcvs
Making Life Better!

Department for
Digital, Culture
Media & Sport

COMMUNITY
FUND

Centre 33

Whatsapp:
07514 783745
Call
0333 41410808
help@centre33.org.uk



13-25yrs

Young Minds

Young People text:
YM to 85258
Parents helpline:
08088025544
14-25yrs

YOUNGMINDS



Samaritans

Call for Free
116 123

Whatever you are going
through, call anytime



YPCS

Call: **0800 634 4395**
Admin@ypcs.uk



Online Chat
11-18yrs

Young Peoples
Counselling Service

Kooth

Online Chat:

Mon – Fri: **12–10pm**
Sat & Sun: **6–10pm**
11-18yrs

kooth

The Mix

Crisis Messenger:
text **THEMIX** to **85258**
Call
0808 8084 994



Under
25yrs

ChildLine

Chat boards,
1-2-1 Support,
Call: **0800 1111**



Under 19yrs

CALM

Call
0800 58 58 58

A helpline for people who
need to talk or find support



**9am- midnight every
day of the year**

ChatHealth Cambs & Pboro

Text
07480 635 443
Ages 11-19



ClearFear

Anxiety
Support App
11-19yrs

Calm Harm

Self Harm
Support App **13yrs +**

The Kite Trust

LGBTQ+ Support
01223 369508

info@thekitetrust.org.uk



Under 25yrs

Gender and sexuality
Supporting young people

Papyrus

Suicide Hopeline
0800 068 4141
Under 35yrs



**9am- midnight
every day of the
year**

youthinspired_peterborough

Youth Inspired

YouthInspired_P

youthinspired@pcvs.co.uk



Follow Youth
Inspired
for useful
information &
'Whats On'
guides for young
people in
Peterborough

Free adult Christmas craft sessions!



South Bretton Family & Community Centre

- Christmas cards
Tuesday 30 November 1pm-2.30pm
- Christmas decorations
Tuesday 14 December 1pm-2.30pm

Westwood Community Hub

- Christmas cards
Thursday 2 December 1pm-2.30pm
- Christmas decorations
Thursday 16 December 1pm-2.30pm

To book your place on a session call 01733 396404 or scan the QR code to complete the booking form on our website.



Free Christmas craft sessions for kids



South Bretton Family & Community Centre

Join us for some festive fun making snow globes, reindeer cones and Christmas colouring!

Sessions are running on Tuesday 21 December, three time slots available between 1pm & 4pm



To book your place on a session call 01733 396404 or scan the QR code to complete the booking form on our website.



Peterborough Healthy, Happy Holidays

Children and young people who are eligible for free school meals through qualifying benefits may be able to access a fully funded holiday place, during the School holidays!

Everyone will receive a nutritious meal and have opportunities to take part in enriching activities!



For further information on the programme, available locations and provider details please contact www.peterborough.gov.uk/HAF-Programme or Families Information Service on 01733 864446

For HAF queries please contact HAF@peterborough.gov.uk



Department for Education

Fully funded by the Department for Education

*Easter, Summer and Christmas school holidays

PETERBOROUGH
CITY COUNCIL

COMMUNITY





BRETTON **CHRISTMAS** FAYRE

SAT 11th DECEMBER
10am - 5pm

AT THE CRESSET, BRETTON
For the **Community** by the **Community**

FREE ENTRY

For More Information Contact
Email: miriamwhittam@yahoo.co.uk

Christmas Crafts Christmas Activities Gift Stalls
Food Free Mince Pies & Mulled Wine



CHROMA
SCHOOL : SPORT : BUSINESS

FESTIVE OFFER

25% DISCOUNT
ON ALL ITEMS IN STOCK
AND PURCHASED IN STORE*

PERIOD OF OFFER

1ST DECEMBER - 7TH JANUARY

TEL: 01733 262526
sales@chromasport.co.uk
10 WULFRIC SQUARE, PE3 8RF



SUBJECT TO AVAILABILITY ON STOCK SCHOOLWEAR

COMMUNITY



Please see message from Katy who works for Barnardo's as a Community Engagement Officer. She is currently working on a project funded by local government to engage with local communities around the impact of Covid-19.

As a Community Engagement Officer, she can offer support and guidance around issues arising from Covid-19 and ensure that individuals understand the guidance around ensuring their safety and dispel the myths there are surrounding some aspects.

So that Katy can better understand the real impact of Covid-19 on local communities she has shared a survey for completion, please click the link below:

<https://forms.office.com/Pages/ResponsePage.aspx?id=GR8bF2d1PE27mnSK0D8wGhTxOn4B2ZpLt9usU6H6LmdUN0Y0V0s1UldDT1Y1VVdXMUdVT1k5WldGNS4u>

If you have any questions or require further support, please contact her:

Katy Wild
Community Engagement Officer
Barnardo's Child & Family Centres, Peterborough and Cambridgeshire
katy.wild@barnardos.org.uk



There is a vacancy on our Local Governing Body for a Parent Governor. Would you like to volunteer your time and energy to make a positive difference for all children at Middleton?



Why should I become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Headteacher and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all children. As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience for all children at Middleton.

What does a Parent Governor do?

You will join a team of Governors and school leaders at Governor meetings (currently on Microsoft Teams – no more than 5 meetings per year) and you will be invited to visit school to talk to staff and children about school priorities. As a Governor, you can also bring your own skills to the team and support with finance, HR, premises and community work. If you become a Governor, there is induction training with more training available throughout the year.

For more information/
to express your interest,
please email
office@mps.pkat.co.uk

December 2021: Christmas is finally open!



News from the classes.

LEARNING

This week...
Class 2SD

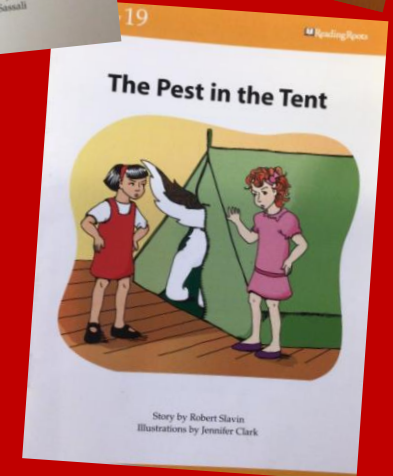
Every morning we enjoy our
Marvellous Middleton
Breakfast of bagels.



During 15 minute
maths, we share
predictions on patterns
and count down till
our 100 day party. We
are on day 59 now!



We split into different groups for
our Success for All lessons. These
are some of the books we are
reading:

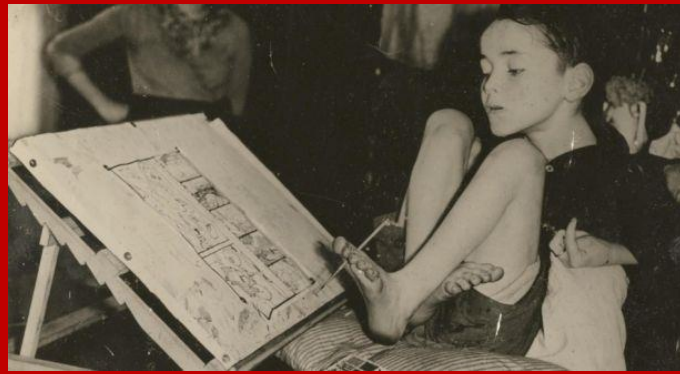


While we eat, we work
hard on our spellings

Some of us get to use laptops
to help us improve our
reading!



In our topic, Hero to Zero, we have been exploring the art of Christy Brown. He was a hero as he always kept trying and never gave up. He had to learn to paint and draw with his feet.



We really enjoy using TTRockstars too. We are getting brilliant at earning coins with our multiplication knowledge



We tried to draw and paint with the paper upside down.



We also were inspired by the fantastic colours used by Christy Brown, so we explored a colour wheel and how to mix the secondary colours; orange, purple and green.



We had to focus and concentrate very hard



LEARNING



We have started running the Daily Mile! Although so far, we are completing it twice a week.



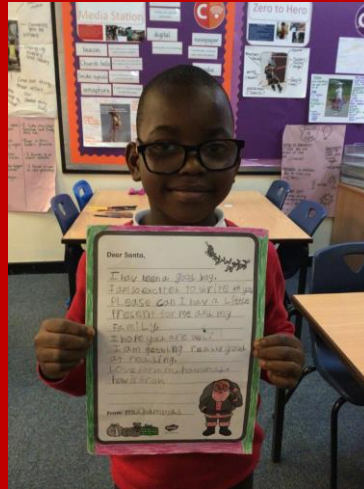
It is hard work, but we feel wide awake afterwards.



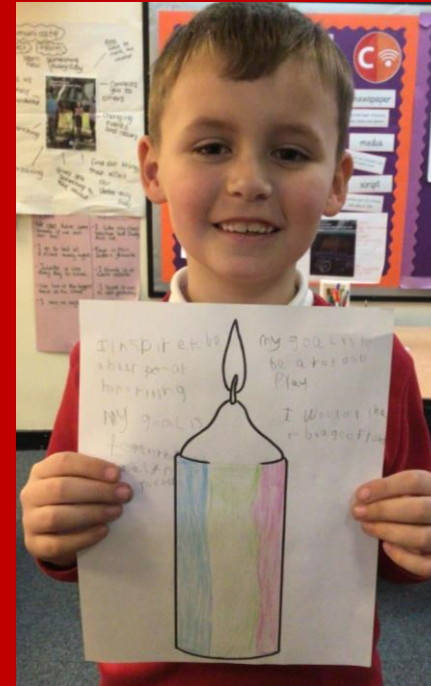
Miss Hudson has been running with us too!



Since it has been December, we have had the most amazing videos to watch with letters from Santa's Elves.



We have also written letters to Santa!



We have been discussing our aspirations and goals.

When we achieve them, we get to colour our flame in yellow.



Class Champions from last week EYFS and Lower School

Learning with our head, heart and hands

Joy
3ET/SC

Annabella
2KB

Craig
3ET/SC

Charlie
2SD

Hasfsah
Owls

Maya
Robins

Whole
Class
Butterflies

Natalka
3OW

Luize
2KB

Faith
3OW

Butterflies

Angeliki
Ladybirds

Macy-
Lea
Ladybirds

Taeo
2SD

PERSONAL
BEST



Class Champions Upper School

Learning with our head, heart and hands

Violet
4RT/PO

Summer
5AM

Natalia
4NB

Maya
Y6

Krystian
4NB

Arin
Yr 6

Sophie
Y6

Victor
Y6

Aronas
4RT/PO

Payten
5AM

Amelia
5AA

Takara
5AA

PERSONAL
BEST



Clara 4NB
Has completed
her Level 3
swimming and
now going to four



Swimming

Coding

Football

Lego master

Dance/
Gymnastics

Playing a
musical instrument

Martial Art

Cricket

All sports



PERSONAL
BEST



Achievements and success
inside AND outside of school.



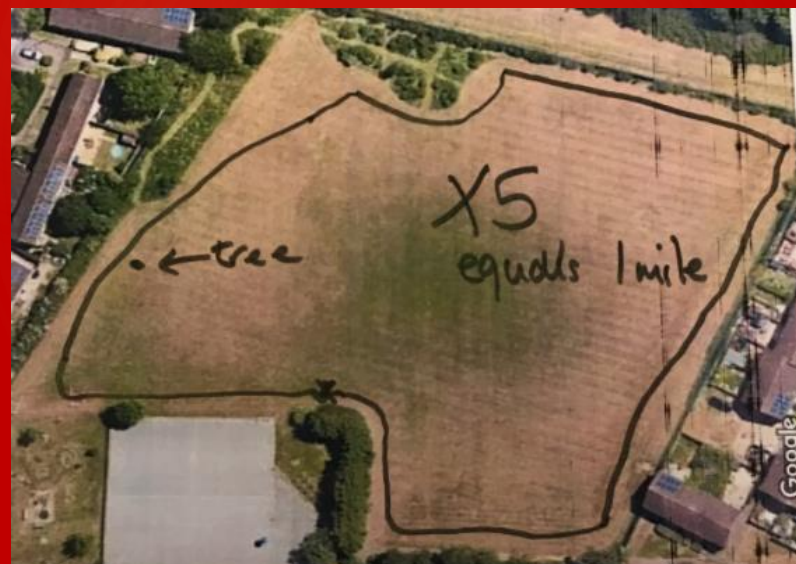
If your child achieves a 'Personal Best' out of school, please email a photo to office@mps.pkat.co.uk so we can share their wonderful achievements on this page every week.

Art Work

This week
Vadims in Year
6 created a
beautiful
piece of
artwork at
home using
paint.



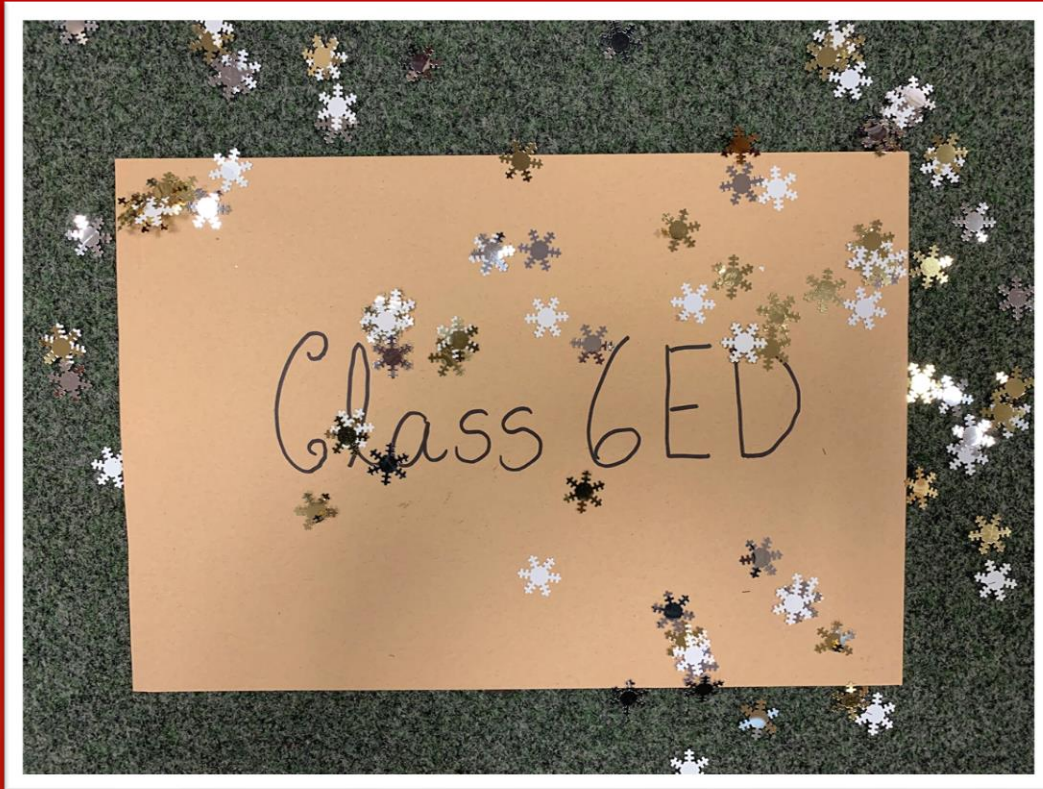
Sports this week Daily Mile



This week the classes have started the Daily Mile! The children are putting on their coats and walking or running around the field to get active and increase fitness.



Mysterious letters arrive at Middleton



This week the children arrived in school on Wednesday to find envelopes on the classroom carpets. They contained a map of the North Pole village and an invitation to read a daily letter from the Christmas elves.



Sports this week

Football



Only their second game together, the girl's put in a fantastic performance away to Fulbridge. They won 7-0 with Natalia scoring 4 of the goals! Well done girls!!!



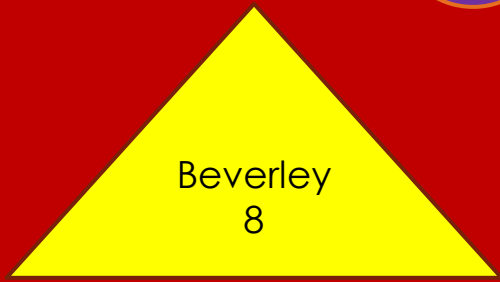
The boys finished off the calendar year with another tremendous team performance at home against Beeches Primary School, winning 10-1. Well done boys!



A superb performance at the girl's football tournament against schools from all over Peterborough. They played 4 games and won them all. Keep up the great work!



Birthdays this week



Happy Birthday from everyone at Middleton!



Everyone
around the
world,
come on!



Celebrate
everything
you have
achieved this
week.

You are all
AMAZING!